

## How to play      Unite Plays

- Unite plays help to realize your all-embracing oneness with the pure emptiness and lovely richness of yourself and the world.
- Realizations of oneness are like glimpses, they come when they come. Unite plays are a friendly invitation only. Striving to get more, scares them away. Be patient and continue playing all plays.
- Realizations are often a confusing and irritating experience. The logical, rational mind cannot grasp or understand them. That is ok.
- If some important (in their view!) parts are not liberated yet, realizations of oneness tend to come more rarely, are more shallow and shorter. The unliberated parts usually interfere very fast. Just continue to identify and liberate more parts.