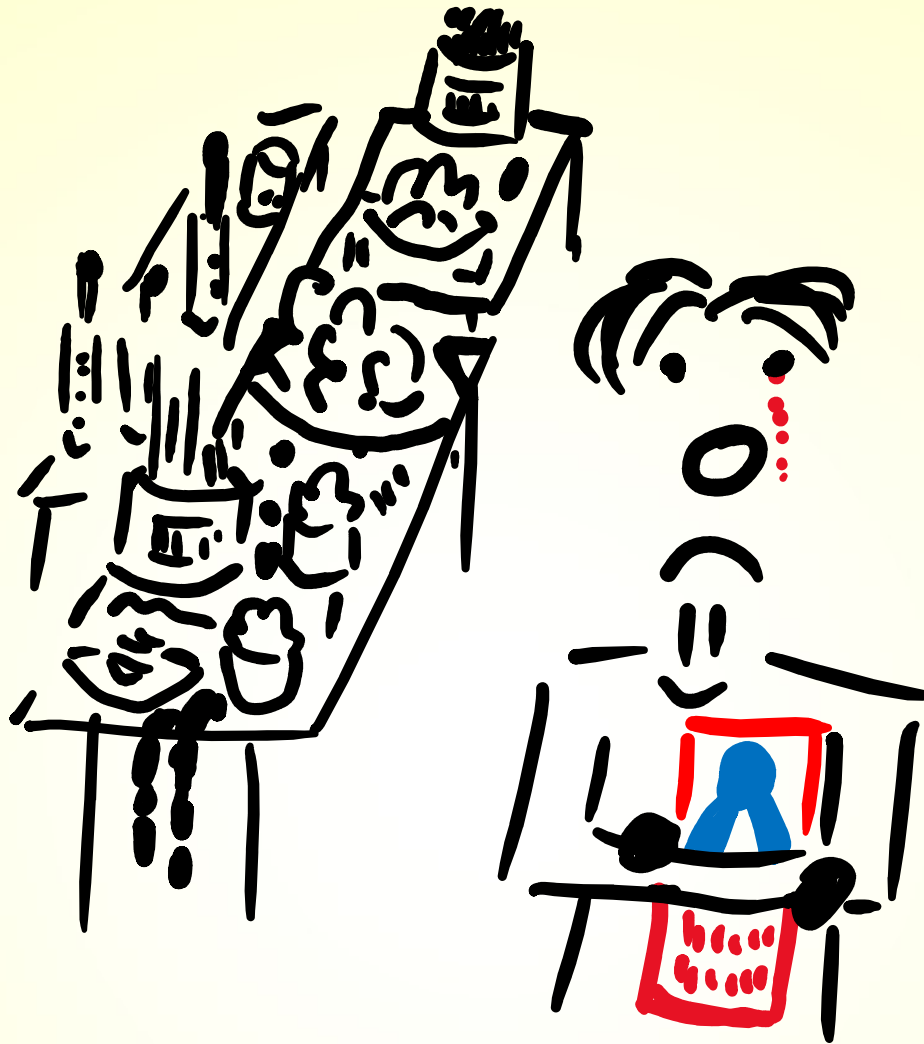


Inquire Feast Resistance



Having played “Liberate 4” several times, inquire current resistance. What was hard to transform into food? Liberate the clinging parts.

Inquire Feast Resistance

When you transform all kinds of things like, body parts, belongings, money, ideas, beliefs, history, relations, emotions, things you created, your traces in the world and others into food for the feast, you can recognize tiny to significant resistance. This can indicate, that a so far unknown part is still very attached and clinging to these things. Talk to the one, who is resisting, to donate at least something to the feast. If the part is ready, liberate it like all others.