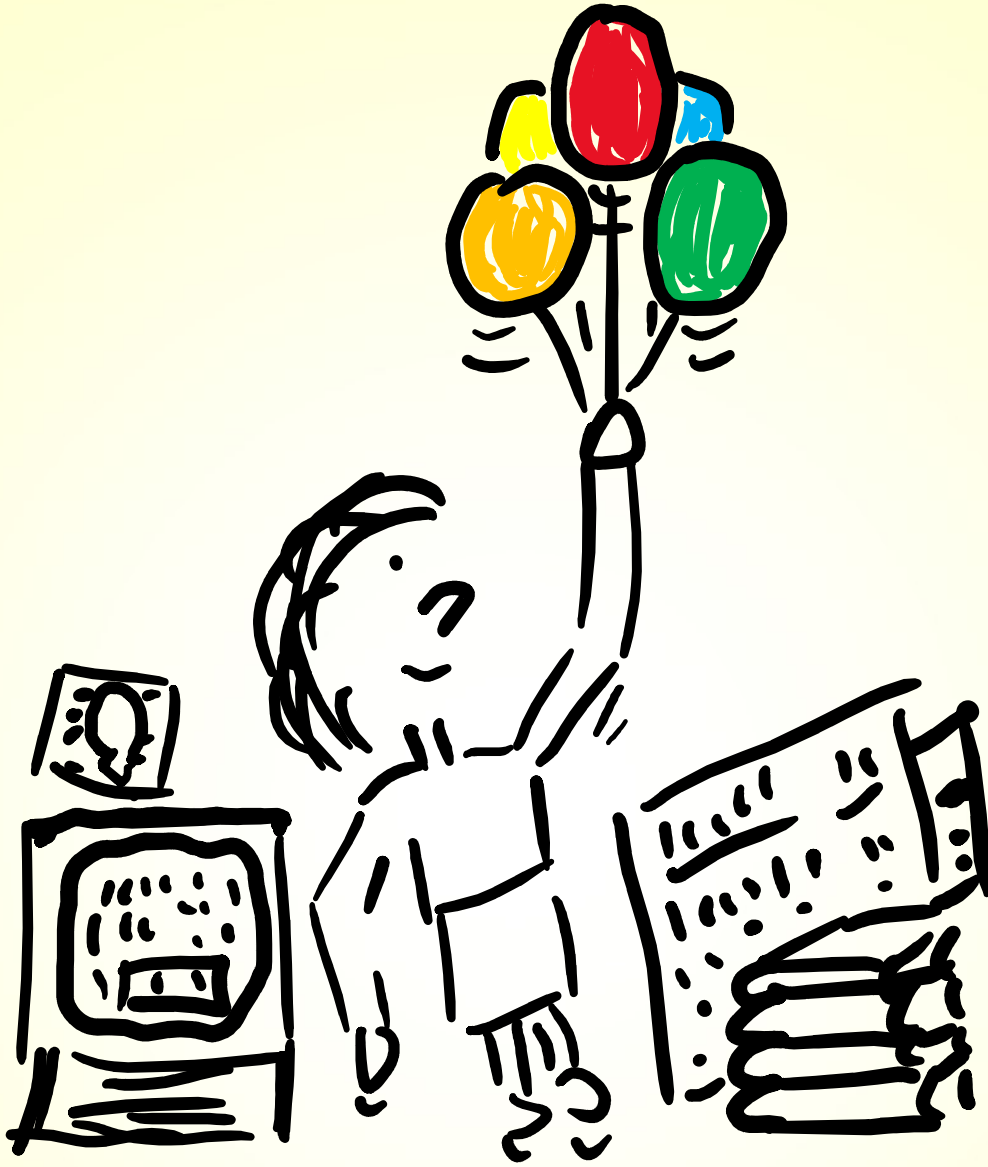


Be the Not-Knowing



Check your beliefs and knowing for absolute, unborn and undying knowledge? If you can only find absolute Not-Knowing, say to yourself: "I am Not-Knowing".

Be the Not-Knowing

For practical reasons, we must believe things and consider most of our thoughts and knowledge as true. But analyzing it deeply, it is only relative knowledge, which relates to other thoughts, conditions and assumptions, which themselves again relate to other thoughts. All of that is relative, and provisional. We can never be 100% sure, we cannot absolutely believe our thoughts and beliefs. The only thought, you can fully believe, is Not-Knowing. Only Not-Knowing is absolute Knowing. Now become the Not-Knowing. Say to yourself "I am the Not-Knowing!". If you take the wrong exit and think you know, that you don't know, that's also knowing. Become the Not-Knowing itself.

Nice Videos: [The Work](#)