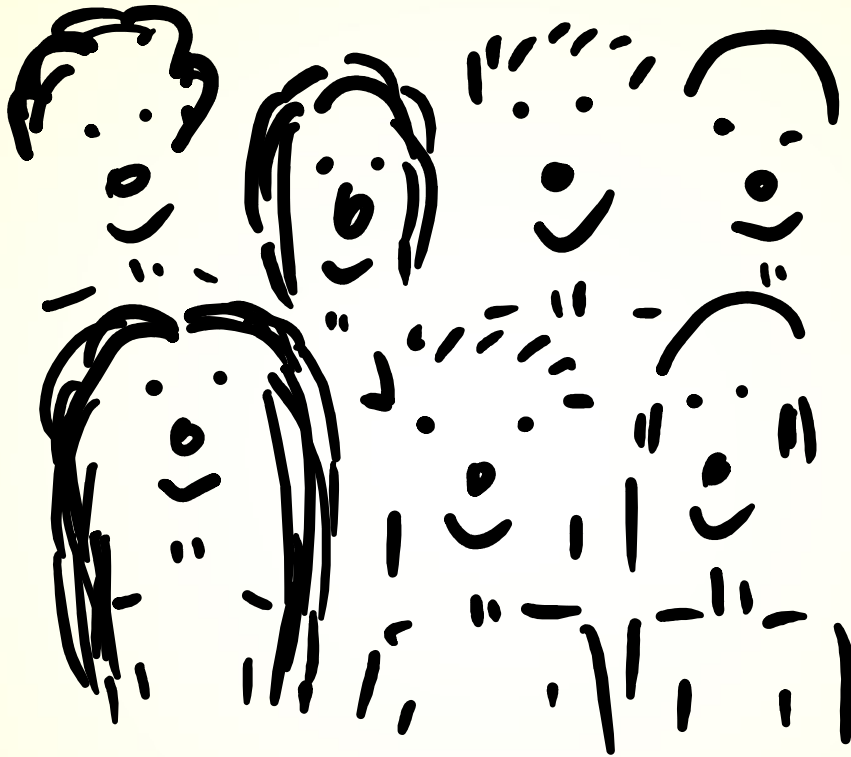
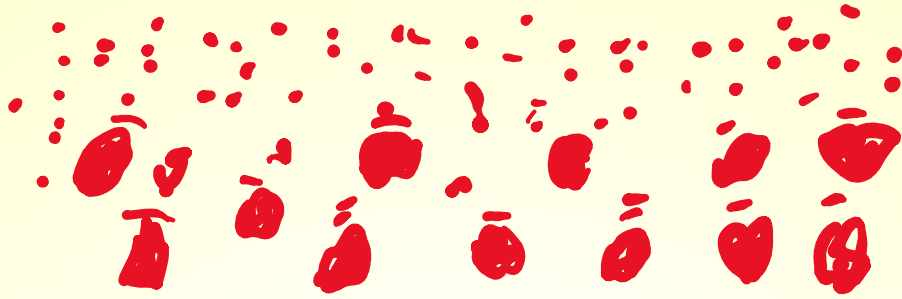


## Make it rain Goodness



Imagine infinite quantities of all kinds of goodness in the sky. Let it rain goodness onto all beings including yourself. Feel the unity of receiving goodness together.

## Make it rain Goodness

Goodness can be imagined in various dimensions as good things, positive emotions, kind moods, compassionate behaviors or actions, thoughts, archetypes, situations, images, talks, music as well as body sensations and combinations of those. Create as much as imaginable and fill the whole sky with it. Then let it rain goodness to all things, sentient beings and people around the world and beyond including yourself. Enjoy being one with all of them and all of it in the bliss of receiving pure goodness in this very moment.

Nice Videos: [Loving Kindness](#)