

## Season 1, Sequel 8

*Little Alien asked: "Who am I?" and searched inside and outside.*



Today the alien describes what happened when it wanted to find out who it is, what its real nature is.

First, it looked into a mirror, saw its face. Am I my face? No. My body? No. So it zoomed in more, it feels like I am between my eyes. So it zoomed into that spot. Am I there? Nothing to find there, of course it was not in the face.

It looked inside of the head, deeper into that, to this brownish-reddish something. Lots of stuff there, but it didn't find itself. Found a dot, maybe go deeper. Still a lot of funny stuff there, but not me. Again a smaller dot, a smaller dot, a smaller dot. I zoom in, in, in. What do I find? Oh, I find a molecule. Is that me? Am I a molecule? No, a molecule is made out of atoms. What am I? Am I a molecule? Am I one of these dots? But look, these atoms are made of small particles, electrons, protons, neutrons, stuff. Am I that? No, no. Let's dive deep, deeper, deeper, deeper, deeper. Nothing there, just nothing. Am I nothing? No, let's look again.

So now let's extend. Maybe I am my body, not only my mind but also my body. Yeah, but if I'm also my body, maybe I'm also my environment, all the plants and the people around me and everything. Maybe I am the whole planet. Wow, yeah, maybe. Who knows, let's see. But let's zoom out more, maybe I am the whole planet with all the water and all the countries and all the plants, yeah, like that, the whole planet. And maybe I zoom out more and I'm also the Moon, and maybe I'm also the planets, and maybe I'm also the Sun and all that. Maybe.

But if that's true, maybe, maybe, maybe, I'm even yes, I'm even a galaxy, I'm even the whole galaxy. Maybe I'm even all galaxies. More galaxies, more galaxies, the whole galaxy cluster. And if I'm the whole galaxy cluster and zoom out again, many, many galaxy clusters, and that's the universe. And outside of the universe is nothing. So again, if I zoom out, am I nothing?

But what if I just ignore all that and just enjoy, just enjoy the sun and the plants and me being. Wow. Relax.