

Season 1, Sequel 7

Little Alien gives an example of its early mindplaying experiences.



The kid last time was curious how this mind-playing thing goes, so the alien promised to give an example.

The alien was a small kid. It loved flowers so much. So there was a big bunch of all kinds of flowers, little alien ran into them, wanted to hug them, wanted to enjoy them, and didn't see the nettles there, the stinging nettles. And wow, full of stinging nettles, burning, burning, burning. Another day there were roses, so it picked the rose and didn't think of the thorns, and again, blood, blood. The thorns.

So then, somehow, little alien developed the part of itself, the Order-Part, the part that loves things in order, so that this type of thing cannot happen. The flowers are ordered, it knows exactly what is where, and it hates this chaotic combination of all kinds of flowers on the spot. So this order-loving part loves this field, loves to sort things. For the next trip it has a very orderly haircut and even loves to have its mind very orderly. But what's behind that door? Yes, the chaotic, wild part has been locked away. He's not allowed to be on stage.

Do this, open the door! And one time the alien did that, and allowed this part to come out, and even to have a big, great dinner. But not just any dinner, the alien asked this part of himself: what do you really need? And what did it really need? It really needed to be wild from time to time. And then it got so much wildness until this wild part really was happy. And it was, even after a while, dancing with the part that loves order. They both became friends, danced together, sometimes more chaos and wildness, sometimes more order and structure. And they became dancing principles.

And for little alien this means: Yeah, it can enjoy a garden that has a mixture of order and chaos, it can appreciate both. And also in its mind, it can work with order and work with chaos. Yeah, that's interesting, isn't it? Mind-playing makes you more flexible, you're not limited to one or the other pattern, you can enjoy many things more.